

Route overview



Route and key dates:

Date	Stage	Route	Mileage	Climb	Finish basecamp
Saturday 7 th	1	Land's End - Okehampton	105.6 mi	8,232ft	Okehampton
Sunday 8 th	2	Okehampton – Bath	110.4 mi	6,852ft	Bath
Monday 9 th	3	Bath – Ludlow	100.5 mi	5,927ft	Ludlow
Tuesday 10 th	4	Ludlow – Haydock	106.9 mi	3,133ft	Haydock
Wednesday 11 th	5	Haydock – Carlisle	116.4 mi	5,558ft	Carlisle
Thursday 12 th	6	Carlisle – Edinburgh	105.5 mi	4,127ft	Edinburgh
Friday 13 th	7	Edinburgh– Strathdon	112.3 mi	7,333ft	Strathdon
Saturday 14 th	8	Strathdon – Kyle of Sutherland	119.0 mi	6,518ft	Kyle of Sutherland
Sunday 15 th	9	Kyle of Sutherland – John O'Groats	104.1 mi	4,541ft	John O'Groats
TOTAL			980.7 mi	52,221ft	

Basecamp addresses:

Date	Day	Basecamp	Address
Friday 6 th	0	Land's End	The Land's End Resort, Land's End, Cornwall, TR19 7AA
Saturday 7 th	1	Okehampton	Okehampton Showground, Holsworth Road, Okehampton, Devon, EX20 1SW
Sunday 8 th	2	Bath	Sports Training Village, University of Bath, Bath, BA2 7AY
Monday 9 th	3	Ludlow	Ludlow Racecourse, Bromfield, Ludlow, Shropshire, SY8 2BT
Tuesday 10 th	4	Haydock	Haydock Park Racecourse, Newton-Le-Willows, Merseyside, WA12 0HQ
Wednesday 11 th	5	Carlisle	East Park, Brisco, Carlisle, CA4 0RB
Thursday 12 th	6	Edinburgh	Hopetoun House Estate, South Queensferry, Edinburgh, EH30 9SL
Friday 13 th	7	Strathdon	Lonach Highland, Games Site, Hawthorn, Strathdon, AB36 8UL
Saturday 14 th	8	Kyle of Sutherland	Balblair Farm, Bonar Bridge, Sutherland, IV24 3AW
Sunday 15 th	9	John O'Groats*	The Highland Games Field, John O'Groats, Wick, Caithness, KW1 4YR

*Please note: there is no official basecamp at John O'Groats – this is purely a finish address. However, there will be food and showers for you to use before you make your onward journeys.