

Does your teen have Neurofibromatosis?

Are their symptoms hard to manage,
stressful, or bothersome?
Could they cope better with stress or anxiety?



ONLINE HARVARD STUDY

Learn stress and symptom management skills, earn \$30 for participating, and help advance scientific research!



Want to learn more?

Email the Study Coordinator,
Millan Kanaya
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or the Study PI,
Dr. Ana-Maria Vranceanu
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Join an NF community!
Virtually meet a group
of teens who have NF
from around the world!



Who can participate?

- Ages 12-17 years old
- Have a diagnosis of neurofibromatosis type 1 (NF1), neurofibromatosis type 2 (NF2), or schwannomatosis

What does it involve?

Participate in 8 virtual group sessions (45 minutes) weekly over Zoom, which are led by a Harvard / MGH clinical psychologist and expert in NF!

Complete questionnaires at the beginning, end of the program, 6 and 12 months after program

****No costs, no medication,
and no travel***