



MILTON KEYNES NF1 MEDICAL INFORMATION DAY

Saturday 9th May 2026

Hotel Latour,
400 Marlborough Gate,
Milton Keynes,
Buckinghamshire,
MK9 3FP

AGENDA

9:30 am REGISTRATION

10 am WELCOME COMMENTS
Karen Cockburn, Charity
Director, Nerve Tumours UK

**10:15 am TALK: INTRO TO NERVE TUMOURS
UK AND THE NATIONAL HELPLINE**

10:30 am TALK: HOW TO MANAGE YOUR NF1
Dr. Joshua Hersherson, Consultant
Neurologist, GSTT London

11:30 am BREAK

**11:45 pm TALK: PAIN MANAGEMENT &
MINDFULNESS WITH NF1**

Mary Thomas, Clinical Nurse Specialist,
GSTT London

12:45 pm LUNCH

**1:30 pm TALK: HOW TO CLAIM BENEFITS/PIP
FOR NF1**

Christopher Hall, Director and Senior
Lawyer, Personal Independence Payment
Professionals (PIPPs)

2:30 pm QUESTIONS & ANSWERS PANEL
All speakers, open session

3:00 pm CLOSING REMARKS
Karen Cockburn

