

Crown & Mitre Hotel, English Street,
Carlisle, Cumbria CA3 8HZ

CARLISLE NF1 INFORMATION DAY

13 JULY 2019

PROGRAMME

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|---------|---|---------|--|
| 9.30am | REGISTRATION | 12.15pm | TALK: HOW TO MANAGE YOUR NF1
<i>Dr John Ealing, Consultant Neurologist,
St Mary's Hospital, Manchester</i> |
| 10am | WELCOME COMMENTS
<i>Karen Cockburn, Charity Director,
Nerve Tumours UK</i> | 1am | LUNCH |
| 10.15am | TALK: DELIVERING INTEGRATED AND
HOLISTIC CARE FOR PATIENTS WITH NF1
<i>Rachel Jones, Specialist Neurofibromatosis
Nurse</i> | 1.45am | TALK: PAIN MANAGEMENT & MINDFULNESS
WITH NEUROFIBROMATOSIS TYPE 1
<i>Mary Thomas, Clinical Nurse Specialist,
GSTT London</i> |
| 11am | TALK: HOW TO CLAIM BENEFITS/
PIP FOR NEUROFIBROMATOSIS TYPE 1
<i>Julie Ann Evans,
Disability Benefits Consultant</i> | 2.30pm | QUESTIONS AND ANSWERS PANEL
<i>All speakers, open session</i> |
| 12pm | BREAK | 3pm | CLOSING REMARKS
<i>Karen Cockburn</i> |

Nerve Tumours UK

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